

*Welcome to the Parishes of
St. Mungo's, Alloa and St. Serf's, High Valleyfield
Sunday 2nd October 2025—Solemnity of All Saints*

THE SACRAMENTS—HOLY EUCHARIST

The Holy Eucharist is the sacrament in which Jesus Christ gives his Body and Blood - himself - for us, so that we too might give ourselves to him in love and be united with him in Holy Communion, in this way we are joined with the one Body of Christ, the Church. The celebration of the Holy Eucharist is the “source and summit of the Christian life”. Jesus himself celebrated the Last Supper with his disciples and therein anticipated his death; he gave himself to his disciples under the signs of bread and wine and commanded them from then on, even after his death, to celebrate the Eucharist. *“Do this in memory of me”* (1 Corinthians 11:24)



The different names given to the celebration of the Holy Eucharist indicate the great richness of this mystery: the Holy Sacrifice; Holy Mass; the Sacrifice of the Mass; the Lord's Supper; the Breaking of Bread; the Eucharistic Assembly; the Memorial of the Lord's Passion, Death and Resurrection; the Holy and Divine Liturgy; the Sacred Mysteries; Holy Communion.

It is a sacrifice because the one sacrifice of Christ, which completes and surpasses all sacrifices, is made present in the celebration of the Eucharist. Every Holy Mass unfolds in two main parts, the Liturgy of the Word and the Liturgy of the Eucharist. In the Liturgy of the Word we hear readings from the Old and New Testament and also the Gospel, then there is an opportunity for preaching and praying for the Church and the world. In the subsequent Liturgy of the Eucharist, bread and wine are offered, consecrated, and distributed to the faithful at Communion.

In the celebration of the Eucharist it is actually Christ himself who acts in every celebration, the bishop or the priest represents him. The celebrant of the Holy Eucharist stands at the altar *in persona Christi* (Latin = in the person of Christ). This means that priests do not merely act in Christ's place or at his command; rather, on the basis of their ordination, Christ himself, as Head of the Church, acts through them. Christ is mysteriously but really present in the Holy Eucharist.

As often as the Church fulfils Jesus' command, “Do this in memory of me”, breaks the bread and offers the chalice, the same thing takes place today that happened then: Christ truly gives himself for us, and we truly gain a share in him. The unique and unrepeatable sacrifice of Christ on the Cross is made present on the altar; the work of our redemption is accomplished. Because God is truly present in the consecrated species of bread and wine, we must preserve the sacred gifts with the greatest reverence and worship our Lord and Redeemer, in the Holy Eucharist.

Holy Communion is the expression of the unity of the Body of Christ. To belong to the Catholic Church, one must be baptised in her, share her faith, and live in union with her. It would be a contradiction if the Church were to invite to Communion people who do not share the faith and life of the Church. It would damage the credibility of the Eucharist, the Sacrament of unity. The Lord Jesus commanded us to do this in memory of him. Praised be Jesus Christ in the Eucharist.

IN YOUR PRAYERS....

We pray for all who are ill/housebound: in particular we remember:

Veronica McCluskey, Ann Gray, Richard Donald, Eden Smyth, Maureen Malkiewicz,
Matthew Kelly, Brian Bell, Susan Dyball, Lewis McArthur, John Ferguson, Maria Benei
Angie Mortimer-Farthing, Fr Martin Smith, Susan Malcolm, Andrea McGregor,
Fr Malcolm Hutchison, Anne McEvoy, Mary Alexander, Jeanette Mournian,
Maureen Gianandrea, Tony Reynolds
Our Lady, Health of the sick, pray for them!

We pray for those who have died recently:

John McParland

We remember those whose anniversaries fall at this time:

Fr Patrick Donagher, Canon Peter Kaye, Keir Cruickshank, Alice Arnott, Keith Price,
Edgar MacDonald, Emma Broadley, Peter Kiernan, Edward Dowd, Gerard Morgan,
Frank Hertwig, Moira Gibson,

Fidelium animae per misericordiam Dei requiescant in pace. Amen

PARISH INCOME

St. Mungo's		St. Serf's	
Offertory	£827	Offertory	£468.75
Standing Orders	£315.50	Hall Income	£50
Building Fund	£40		
Repository	£220		
TOTAL	£1402.50	TOTAL	£518.75

Many thanks for your continued generosity to the parishes.

Feasts of All Saints/All Souls

This year because 1st November is a Saturday, the Solemnity of All Saints is transferred to Sunday 2nd November. The prayers/readings for this Sunday will taken be from All Saints. Masses will be at the usual Sunday times. **All Souls Day is transferred to Monday 3rd November and there will be two Masses that day in St. Mungo's at 10 a.m. and 6 p.m.** During the month of November Masses will be offered for all those whose names are on the November Lists.

Feast of the Dedication of the Lateran Basilica— 9th November



Next Sunday the Church celebrates the feast of the Dedication of the Lateran Basilica. It marks the dedication of the cathedral church of Rome by Pope Sylvester I in 324. This church is the cathedra (or chair) of the bishop of Rome, who is the Pope. A Latin inscription in the Church reads: *“omnium ecclesiarum Urbis et Orbis mater et caput.”* Translated, this means, “The mother and head of all churches of the city and of the world.” The basilica was originally named the Archbasilica of the Most Holy Saviour. However, it is called St. John Lateran because it was built on property donated to the Church by the Laterani family, and because the monks from the monastery of St. John the Baptist and St. John the Divine served it.

November - Month of the Holy Souls in Purgatory

November is the month of the Holy Souls. Lists/envelopes are available at the back of the churches. Please return the list with your offering as soon as you can. The names of these departed Souls will be remembered at all Masses during November. Since the dead can no longer pray for themselves, it is important that we, their relatives, friends and benefactors, assist their passage through Purgatory by prayer, offering the Holy Sacrifice of the Mass, and Mass Intentions, for them. We will value the same acts of spiritual charity when our own time comes.

A Plenary Indulgence only for the souls in Purgatory is granted to any of the faithful who on one of the days from 1st to 8th November visit devoutly a cemetery or on All Souls Day visit a church with devotion and there recite the Our Father and the Creed. An indulgence is a remission before God of the temporal punishment due to sins whose guilt has already been forgiven, which the faithful Christian who is duly disposed gains under certain defined conditions through the Church's help. A plenary (meaning "full") indulgence is a special type of indulgence that, if all the requirements are met, removes all temporal punishment due to one's sin. The church uses the power of the keys given to St. Peter by Jesus in Scripture (Matthew 16:18) to remove temporal consequences that still remain from sins committed. Even if we have been forgiven of a particular sin, we still experience the consequences of that sin in our lives. To obtain an indulgence, Catholics in the state of grace must: Go to confession; Receive Holy Communion; Pray for the intentions of the Holy Father.

Pilgrimage to Lourdes 2026

I have been asked to gauge interest in a possible pilgrimage to Lourdes, which would take place in July 2026. It would be independent of the diocesan pilgrimage and would include excursions to Gavarnie, San Sauveur and Cité Saint-Pierre. We would join with the diocese for the grotto Mass. Costs would be around £1000 for flights from Edinburgh and hotel (bed, breakfast and evening meal) Excursions and other costs would be covered. If you might be interested in being part of such a pilgrimage, please let me know.

Country Music Picnic Evening

It's time to get your cowboy hats, boots and checked shirts looked out for the annual WDR and Dolly Mixtures Country Music Picnic Evening! **Friday 7th November**, doors open 7pm in St. Mungo's church hall. Tickets are £5 each, and are on sale at the back of the church after Mass. Donations for raffle prizes would be most welcome, which again can be left at the back of the church. Same format as last year, which was a sell-out, so bring your own snacks and drinks and relax and enjoy some good old country music. All proceeds raised will be donated to church funds.

Sacraments Meeting

There will be a meeting for the parents/carers of children who attend St. Mungo's Primary and also those who attend other schools, regards sacramental preparation. This meeting will take place on **Thursday 6th November at 6 p.m. in St. Mungo's Primary, Alloa (entry via Lime Tree Walk door)** If your child attends a school other than St. Mungo's and you haven't already contacted Fr Michael regards your child receiving the sacraments this year, please do so as soon as possible.

RCIA

The next session will take place on Tuesday at 6.30pm in St. Mungo's Chapel House.

DATE	TIME	CHURCH	LITURGY	INTENTION
Sunday 2nd November <i>Solemnity of All Saints (C)</i>	6 p.m. (Sat)	St. Mungo's	Vigil Mass	<i>Donor's Intention (KC)</i>
	9.30 a.m.	St. Mungo's	Mass	<i>People of the Parish</i>
	11.30 a.m.	St. Serf's	Mass	<i>Catherine Trias (RIP)</i>
Monday 3rd November <i>Commemoration of All the Faithful Departed (All Souls)</i>	10 a.m.	St. Mungo's	Mass	<i>Holy Souls</i>
	6 p.m.	St. Mungo's	Mass	<i>Holy Souls</i>
Tuesday 4th November <i>St. Charles Borromeo, Bishop (Mem)</i>	10 a.m.	St. Mungo's	Mass	<i>Holy Souls</i>
Wednesday 5th November	10 a.m.	St. Serf's	Mass	<i>Holy Souls</i>
Thursday 6th November	10 a.m.	St. Mungo's	Mass	<i>Holy Souls</i>
Friday 7th November	10 a.m.	St. Mungo's	Mass	<i>Holy Souls</i>
Saturday 8th November <i>Blessed John Duns Scotus</i>	6 p.m.	St. Mungo's	Vigil Mass	<i>Holy Souls</i>
Sunday 9th November <i>Dedication of the Lateran Basilica</i> <i>Remembrance Sunday</i>	9.30 a.m.	St. Mungo's	Mass	<i>Gerard Morgan (Anniv.)</i>
	11.30 a.m.	St. Serf's	Mass	<i>People of the Parish</i>

Sacrament of Confession this week

Wednesday in St. Serf's 9.30 a.m. to 9.55 a.m.
Friday in St. Mungo's after 10 a.m. Mass
Saturday in St. Mungo's 5 p.m. to 5.30 p.m.

St. Mungo's Prayer Group

Tuesday 2 p.m. to 3.30 p.m. in St. Mungo's Hall

Exposition of the Blessed Sacrament

Wednesday in St. Serf's 9.30 a.m. to 9.55 a.m.
Friday in St. Mungo's 9 a.m. to 9.45 a.m.

Teas/coffees

Tuesday after 10am Mass in St. Mungo's
Wednesday after 10am Mass in St. Serf's
Last Sunday of the month after 9.30 a.m. Mass
in St. Mungo's Hall

PARISH CONTACT INFORMATION

Parish Priest: Father Michael Carrie (email: stmungo@dunkelddiocese.org.uk)

Postal Address: St. Mungo's Chapel House, 25 Mar Street, Alloa FK10 1HR

Telephone: 01259 212486

Parish Website: www.catholicalloa.com

St. Mungo's Hall Bookings: Cathie Ramage

Telephone: 07596 955869

Email: ramagethrn@gmail.com

Parish Safeguarding co-ordinators: Margaret Fern and Jean Gilbert

Telephone: 07746 051444

Email: stmungopsc@dunkelddiocese.org.uk

Parish SVDP

Telephone: 07866 538557

Email: SVDP.StMungos@gmail.com

St. Mungo's, Alloa and St. Serf's, High Valleyfield are parishes of the Roman Catholic Diocese of Dunkeld, a charity registered in Scotland, Number SC001810